

THE BLUEBIRD CAFE MENU

730 GRAND AVE GLENWOOD SPRINGS, CO 81601 970.384.2024 GSBLUEBIRDCAFE@YAHOO.COM

LUNCH

SANDWICHES

-ALL SANDWICHES INCLUDE BOULDER POTATO CHIPS OR AN ORGANIC APPLE -

-ALL VEGETABLES ARE ORGANIC-

THE CANYON

ORGANIC SOURDOUGH BREAD, ALL NATURAL TURKEY, AVOCADO, LETTUCE, TOMATO, MONTEREY JACK CHEESE, MAYO AND SWEET BASIL MUSTARD \$9

THE SUNSHINE

ORGANIC WHEAT BREAD, MONTEREY JACK CHEESE, AVOCADO, GREEN LEAF LETTUCE, SHREDDED CARROT, TOMATO, RED ONION, MAYO AND SWEET BASIL MUSTARD \$7

THE HIKER

ORGANIC SOURDOUGH BREAD WITH ALL NATURAL APPLEWOOD SMOKED HAM, MONTEREY JACK CHEESE, LETTUCE, TOMATO, MAYO AND SWEET BASIL MUSTARD \$9

THE FARMER

ORGANIC TOASTED SOURDOUGH BREAD WITH ALL NATURAL APPLEWOOD SMOKED BACON, LETTUCE, TOMATO, MAYO AND SWEET BASIL MUSTARD \$8

THE ANGER

ORGANIC WHEAT BREAD, WILD CAUGHT WHITE ALBACORE TUNA, PICKLES, RED ONION, MAYO AND SWEET BASIL MUSTARD \$8

THE CURRY CHICKEN SALAD

ORGANIC WHEAT BREAD, CURRY CHICKEN SALAD, LETTUCE, TOMATO, AND MAYO (ALL NATURAL CHICKEN) \$9

ADD MEAT TO ANY SANDWICH \$3

ADD VEGGIES \$1

ADD AVOCADO \$2

SALADS

GARDEN SALAD

ORGANIC SPRING MIX, SHREDDED CARROTS, TOMATO, AND RED ONION WITH RASPBERRY VINAIGRETTE DRESSING \$6

GREEK SALAD

ORGANIC SPRING MIX, FETA CHEESE, KALAMATA OLIVES, TOMATO, RED ONION, GREEK DRESSING \$7

SOUP

A BOWL OF AVOCADO POBLANO RAW SOUP WITH YOGURT AND SUNFLOWER SEED TOPPING \$4

DESSERTS

-EACH OF THESE GOODIES IS GLUTEN-FREE AND MADE FROM SCRATCH IN OUR BLUEBIRD KITCHEN-

COOKIES \$2

BLONDIES OR BROWNIES \$3

CHEESECAKE \$6

THANK YOU!

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BREAKFAST

| | |
|---|--------|
| QUICHE | \$6.50 |
| ONNAMON ROLL/DANISH | \$3 |
| MADE FROM SCRATCH MUFFINS (GLUTEN-FREE AND FLOUR) | \$3 |
| BAGEL | \$1.10 |
| ORGANIC CREAM CHEESE | \$0.60 |
| ORGANIC BUTTER | \$0.25 |
| TURNOVER/ONNAMON TWIST/SCONE | \$2.50 |
| BISCOTTI | \$1.85 |

HOT DRINKS

| | SMALL/MEDIUM/LARGE |
|-------------------------------|--------------------------|
| GOURMET COFFEE | \$1.47 / \$1.75 / \$2.03 |
| ESPRESSO | \$2.25 |
| LATTE | \$3 / \$3.50 / \$3.75 |
| CAPPUCCINO | \$3 / \$3.50 / \$3.75 |
| MOCHA/WHITE MOCHA | \$3.25 / 3.75 / \$4 |
| CAFE AU LAIT | \$2.25 / \$2.75 / \$3.25 |
| BREVE | \$3.25 / \$3.75 / \$4 |
| STEAMER | \$3 / \$3.50 / \$3.50 |
| MATE LATTE | \$3 / \$3.50 / \$4 |
| MACCHIATO (TRADITIONAL STYLE) | \$3.10 / \$3.60 / \$4 |
| SHOT IN THE DARK | \$2.50 / \$2.85 / \$3.25 |
| AMERICANO | \$2.25 / \$2.65 / \$3 |
| HOT CHOCOLATE | \$3 / \$3.35 / \$3.75 |
| TEA | \$1.55 / \$1.84 / \$2.15 |
| CHAI | \$3.25 / \$3.75 / \$4 |
| ODER (SEASONAL) | \$3 / \$3.25 / \$3.50 |

COLD DRINKS

| | |
|--|--------|
| FRAPPE FREEZE | \$5 |
| ORGANIC LEMONADE/ ORGANIC ICE TEA | \$2.25 |
| ORGANIC FRUIT SMOOTHIE (TROPICAL OR MIXED BERRY) | \$5 |
| ITALIAN SODA | \$3.25 |
| ICED COFFEE | \$1.75 |
| ICED LATTE | \$3.50 |
| ICED MOCHA | \$3.75 |